**FOOD PANTRIES**

The Salvation Army * .................................. 845-4272
Bread and produce distribution each Mon., Wed. & Fri. at 8:30am. Food pantry for short-term emergencies.

The Neighbors' Place/East Side Pantry * .................. 845-1966
Distributes donated and government commodity foods (TEPAP) in Wausau.

Covenant Food Pantry .................................. 359-6467
Emergency food and paper products for families in need in Wausau/Everest area communities.

Community United Pantry (CUP) .......................... 223-2166
Food pantry for Colby, Unity, Curtiss, Abbotsford and Dorchester residents in an emergency.

Spencer King's Pantry .................................. 659-4480
Helps Spencer area residents who are in emergency need of food.

Stratford Area Pantry .................................. 387-2626 or 687-3568
Community pantry for people in the Stratford area who have emergency food needs, by request.

**FOOD ASSISTANCE PROGRAMS**

The Salvation Army * .................................. 845-4272
Free hot lunches are available Mon.-Sat., 11:30am-Noon, for everyone on a walk-in basis.

Food Stamps ............................................. 261-7500 or 261-7700
Benefits for eligible individuals and families come as a plastic card that can be used in most grocery stores to purchase food.

SHARE (Self Help and Resource Exchange) .................. 845-1304
Boxes of groceries in exchange for community service and a small monthly fee.

WIC ......................................................... 675-5449
Food drafts to meet the nutritional needs of young children and their mothers.

For other Food Assistance Programs, call FIRST CALL * 848-2255
Long-distance in Marathon Co.: .......... 1-800-922-5590
www.unitedwaymc.org

**HEALTH SERVICES**

Bridge Community Health Clinic/Dental Clinic .......... 848-4884
Primary health and dental care, by appointment, regardless of patient's insurance coverage or ability to pay.

Dental Help Line ........................................ 1-800-364-7646
Wisconsin Dental Association refers callers to area dentists who treat uninsured or underinsured patients.

Family Planning Health Services ........................ 675-5395
www.jfphs.org
Reproductive health care and education on a sliding fee scale.

Health Check ............................................ 261-7732
Health care for children who are Medical Assistance or BadgerCare recipients.

Health Information Network .............................. 847-2380
www.wausauhospital.com
Information about self-care, preventive medicine and wellness, at Wausau Hospital.

Healthy Start ............................................ 261-7700
Health care for pregnant women and their babies, through the Job Center.

Department of Employment & Training (Job Center location) 261-7700
Administers Medical Assistance and BadgerCare for eligible non-elderly and non-disabled applicants.

Department of Social Services (Thomas St. location) .... 261-7500
Administers Medical Assistance and BadgerCare for eligible elderly and disabled clients.

Health Department .................................... 848-9060
Public health nursing for all ages, including immunizations, hearing and vision screening, and STD/HIV clinic.

Physician Referral Service ................................ 847-2107
www.chcsys.org
Assistance in selecting a physician, dentist, audiologist, optometrist, psychiatrist, or psychologist is provided at no charge at Wausau Hospital's Health Information Network.

**FUEL ASSISTANCE**

Energy Assistance Program .............................. 842-3111
Financial assistance for fuel bills for income-eligible Marathon County residents, through Energy Services, Inc.

Catholic Charities Emergency Services ............... 849-3311
www.catholiccharitieslax.org
Utilities assistance and case management for eligible families in an emergency, as funds allow.

**ALCOHOL & DRUG SERVICES**

Alcoholics Anonymous/AlAnon Hotline .................. 842-1120
Answering service that provides meeting times for all AA programs, including Alcoholics Anonymous, AlAnon, Alateen, Adult Children of Alcoholics, and Young People's Alcoholics Anonymous.
Chemical Dependency Program * ......................... 842-3346
Offers individual, family, and couples therapy and support on a sliding fee scale, to strengthen families affected by chemical dependency.

Narcotics Anonymous ......................... 1-800-240-0276
Call for current information about local meeting times and places.

Premiere Recovery Services ......................... 848-4540
Inpatient and outpatient treatment for chemical dependence, at North Central Health Care.

**GAMBLING TREATMENT**

Gamblers Treatment ......................... 848-4540
Outpatient program for compulsive gambling, through Premiere Recovery. Also hosts weekly GAMBLERS ANONYMOUS (GA) meetings which provide self-help and support for people to overcome gambling, and GAMANON meetings monthly for spouses and family members.

**CHILD CARE**

REFERRALS TO CHILD CARE:
Child Care Connection * ......................... 848-5297
www.childcareconnectionrr.org

FINANCIAL ASSISTANCE FOR CHILD CARE:
Department of Employment & Training ......................... 261-7700

SLIDING FEES AVAILABLE AT THESE CHILD CARE PROVIDERS:
Bridging the Gap Childcare/Preschool * ......................... 842-2116
Wausau Child Care * ......................... 848-1436
YWCA Child Development Center * ......................... 842-3381

**LEGAL SERVICES**

Lawyer Referral & Information Service ......................... 1-800-362-9082
www.wisbar.org/bar/sblris.htm
Legal hotline and lawyer referral through the State Bar of Wisconsin.

Wisconsin Judicare * ......................... 842-1681
www.judicare.org
Legal aid office for low-income residents.

Elderly Pro Bono Legal Information ......................... 261-6070
Legal information for seniors 60+ yrs. provided by local attorneys at the Aging & Disability Resource Center.

Equal Rights Division Office ......................... (608) 266-6860 (Madison)
www.dwd.state.wi.us/er/equal_rights_division/
Administers Wisconsin's Fair Employment Law, which prohibits discrimination based on ancestry, color, creed, national origin, race, handicap, arrest or conviction record, age, marital status, sexual orientation, use of lawful products or membership in the military reserve.

**UNEMPLOYMENT COMPENSATION**

Unemployment Insurance ......................... 1-800-822-5246 (Initial Claims)
1-800-978-7887 (Weekly Claim Certification)
1-800-494-4944 (Inquiries)
www.dwd.state.wi.us/ubes
Provides payments to eligible workers who are temporarily unemployed.

**FINANCIAL COUNSELING/BUDGETING**

Family Living Agent ......................... 261-1242
Offers free training in consumer and financial management, and coordinates individual financial counseling, through U.W.-Extension.

Consumer Credit Counseling Service ......................... 849-3311
www.catholiccharitieslax.org
Helps clients work out a plan for paying debts and getting their money management program back on the right track, through Catholic Charities.

**ECONOMIC SUPPORT/PUBLIC ASSISTANCE**

Department of Employment & Training (Job Center location) ......................... 261-7700
Administers Food Stamps, Medical Assistance, BadgerCare and Child Care Assistance for eligible workers or job-seekers.

Department of Social Services (Thomas St. location) ......................... 261-7500
Administers Food Stamps, Medical Assistance, BadgerCare and Child Care Assistance for eligible elderly and disabled clients.

**RENT ASSISTANCE**

For information, call FIRST CALL * ......................... 848-2255
Long-distance in Marathon Co.: ......................... 1-800-922-5590
www.unitedwaymnc.org

**EMERGENCY SHELTER**

Transitional Living Center * ......................... 845-6583
Community shelter and supportive services for homeless population, at The Salvation Army.

The Women's Community * ......................... 842-7323
Shelter for victims of domestic abuse and their children.
**TIPS FOR USING THIS GUIDE**

- This guide will help get you started in finding some solutions.
- Many programs have eligibility guidelines. Some may provide lower fees based on income.
- If a union represents you, contact your steward for help.
- Don’t be afraid to ask for help from any of these programs: (* Indicates United Way Member Agency)

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**EMPLOYMENT TRAINING, PLACEMENT AND SEARCH**

**At The Job Center:**

- **JOB SERVICE**
  
  Programs which help job seekers find employment, identify and market their vocational skills, abilities and interests, and access appropriate educational and training programs as necessary.

- **DISLOCATED WORKER OFFICE**
  
  AFL-CIO/LTEC personnel help counsel workers when plant closings will result in lay-offs.

- **VETERANS' SERVICES**
  
  Job placement assistance and case management for at-risk veterans.

- **DEPARTMENT OF EMPLOYMENT & TRAINING**
  
  Administers the W-2 (Wisconsin Works) Program, which provides a wide range of employment services and training to help eligible residents get and keep employment.

**Learning Center/Goal Lab**

- **675-3331 ext. 4285**
  
  Counselors are available for personal, academic, and career counseling on an individual basis, at Northcentral Technical College.

**NTC/Salvation Army Basic Skills Program**

- **849-9026**
  
  Free career assessment and exploration, job hunting and interviewing skills, and job search and application assistance, at The Salvation Army.

**Job Corps Admissions and Placement**

- **359-1905**
  
  Vocational training and career placement for qualifying 16-24 year olds.

**TrANS Program**

- **842-3381 ext. 107**
  
  Job Training Partnership Act (JTPA) programs helps women and minorities become economically self-sufficient through employment in higher-paying jobs in the road construction field, through the YWCA.

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**TELEPHONE COUNSELING & CRISIS INTERVENTION**

**Crisis Center (24 hrs./day, 7 days/wk.)**

- **845-4326**
  
  Long-distance callers: 1-800-799-0122
  
  Confidential telephone counseling and crisis intervention through North Central Health Care.

**The Women's Community * (24 hrs./day, 7 days/wk.)**

- **842-7323**
  
  Long-distance callers: 1-888-665-1234
  
  Emergency shelter and crisis intervention for victims of abuse and their children.

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**INDIVIDUAL, FAMILY & MARRIAGE COUNSELING**

**(SLIDING FEE AVAILABLE)**

**Adult Mental Health Services**

- **848-4600**
  
  (North Central Health Care Facilities)

**Eric M. Anderson, PhD**

- **355-1600**

**Catholic Charities Counseling Program**

- **849-3311**
  
  www.catholiccharitieslae.org

**Center for Human Development**

- **842-0944**
  
  www.chdevelopment.com

**Children's Service Society ***

- **848-1457**
  
  www.cssw.org

**Christian Family Counseling**

- **842-5802**
  
  (Wisconsin Lutheran Child & Family Services)
  
  www.wlcfs.org

**Family Counseling Services ***

- **842-3346**

**Lutheran Counseling & Family Services of WI**

- **888-867-4840**

**Lutheran Social Services ***

- **842-5577**

**Marital & Family Therapy Services**

- **842-3913**

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**SUPPORT GROUPS**

**For information, call FIRST CALL ***

- **848-2255**
  
  Long-distance in Marathon Co.: 1-800-922-5590
  
  www.unitedwaymc.org

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**FITNESS AND WELL-BEING**

**Woodson YMCA ***

- **845-2177**
  
  Offers a free 30-day pass to dislocated workers.

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06/02
If you have a concern or problem in another area of your life, call:

**FIRST CALL**
848-2255
THE INFORMATION CONNECTION

**Long-distance callers in Marathon County:**
1-800-922-5590

**TTY:**
848-9422

United Way of Marathon County provides this free and confidential Information & Referral program so that local residents can find out where to turn for help. Call Monday - Friday, 8am-5pm, and FIRST CALL's staff and volunteer information specialists will put YOU in touch with the best answers or services available.

-or-

Access FIRST CALL community service information on the web at:

www.unitedwaymc.org

› click on FIRST CALL
› click on Search FIRST CALL’s database
› click on the first letter of your Subject
› click on the Subject to see Programs Information

This guide was compiled by United Way’s FIRST CALL to help people who are unemployed or facing hard times.