**CHALLENGES IN THE HMONG COMMUNITY**

We Hmong often are unsure of what the future holds. We would like to change and adapt to the American culture so we will prosper, but this change is disheartening. It causes worry, sadness, frustration and anger.

We would like to keep the Hmong culture and accept the American culture, but this is not easy. We are shocked by the new way of life. We have illnesses that seem incurable. The economic challenges make us feel helpless. We don’t share a common understanding and vision with our children. There is conflict between husbands and wives. We have lost face and lost honor. These and other factors can overwhelm us.

Children’s Service Society of Wisconsin can help when sadness, depression, frustration and anger threaten to tear families apart.

**KEV NYUAB NYOB RAU HMOOB LUB ZEJZOG**


Children’s Service Society of Wisconsin muaj peexwm yuav pab tau koj thauam muaj kev tuisiab, nuyaijab, ntxhovsiab, thiaab npau taws uas yuav ua rau koj tsev neeg tawg.

**COUNSELING SERVICES OFFERED IN HMONG**

Children’s Service Society offers counseling for parents and their families. Counseling helps deal with communication issues, issues with children, anger, frustration, depression and stress.

When you and your children communicate well and when you have a good relationship, there is less stress. Experienced counselors help families work together to solve family conflict. They can help individuals and families with:
- Grief
- Depression and anxiety
- Anger management
- Stress
- Fear
- Culture shock
- Refugee experience
- Sexual and physical abuse
- Alcohol and other drug abuse
- Domestic violence
- Marital conflict
- Parent-child conflicts
- Academic or behavioral school problems

**KEV TAWM TSWYIM PABCUAM RAU HMOOB**

Children’s Service Society muaj kev pab tawm tswyim sablaj rau cov niamtxiv thiaab lawv tsev neeg. Kev tawm tswyim pab kho txog kev haia lus tis sib haumxeexb, teebmeem txog cov menyam, kev npau taws, ntxhovsiab, nuyaijab thiaab kev txhawjxeeb.

Thaum koj thiaab cov menyam hais lus sib totaub thiaab thuam nej muaj kev sib raug zoo lawm, nws yuav tis muaj kev ntxhovsiab ntai. Cov neeg ua dejunam tawm tswyim yuav pab rau tsev tibneeg los tawm tswyim kho daws lawv tej teebmeem haav lub cuabig. Lawv muaj peevxwm yuav pab tau koj los yog koz tsev neeg raws li nram no:
- Kev kholsiab/mobsiab.
- Kev nyoai siab thiaab ntai.
- Tswj txog kev cheem tus kheej thuam npau taws.
- Kev txhawjxeeb.
- Kev ntai.
- Kev ceex txog lub neej tshiaab.
- Kev ua tsow rog thiaab khiaab teb khiaab chaw.
- Kev tsim txam dmuv dev ua npau thiaab raug ntai.
- Kev quay dey quay cawv thiaab quay yeb quay tshauj.
- Kev kub ntxhov haav lub cuabig.
- Kev muaj teebmeem ntwam khub niam txiv.
- Kev tis sib haumxeexb ntwam niam tdmv thiaab menyam.
- Teebmeem rau kev kawm ntaub kawm ntwy rau tom tsev kawm ntwy.

Counseling services in Hmong are available in Stevens Point, Wausau and Wisconsin Rapids.

Kev pabcuam tawm tswyim rau peb Hmoob muaj nyob rau
Stevens Point, Wausau thiaab Wisconsin Rapids.
COUNSELING FEES

No one is turned away due to an inability to pay. Because the United Way helps pay for services, most fees are based on income. The Office of Refugee Services also provides funding.

Children's Service Society is a state-certified counseling agency and is eligible for private insurance payment.

Children's Service Society is certified to provide Title 19 services. If you belong to an HMO (commercial or Title 19), check with your carrier to find out whether your therapist is on its provider list.

For more information, contact:

**Children's Service Society of Wisconsin**
A member of Children's Hospital and Health System.

1201 Water St., Suite C
Stevens Point, WI 54481
(715) 341-6672

705 South 24th Ave., Suite 400
Wausau, WI 54401
(715) 848-1457

400 Daly Ave., Ste. 102
Wisconsin Rapids, WI 54494
(715) 421-0480

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**Children's Service Society of Wisconsin** is a private, not-for-profit agency serving children and families in Wisconsin since 1889.

Children's Service Society is a member of Children's Hospital and Health System.

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**Children's Service Society** is a hub for youth and families in Wisconsin, offering services since 1889.

Children's Service Society offers counseling services in Hmong.

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